

# Coronavirus COVID-19



Coronavirus  
**COVID-19**  
Public Health  
Advice

## Opioid Substitution Treatment

Methadone and buprenorphine treatment during COVID 19.



**Reduce the harms to others**  
know the symptoms, high fever and cough, phone a GP and self-isolate.



**Respect and be patient**  
Services may be slower and limiting numbers at this time.



**Ask your GP** about takeaways and deliveries if you feel at risk for COVID-19.



**Talk about how you are feeling** with a GP, Pharmacist or support service if you are feeling low.



Your service,  
your say

**Know your rights**  
Speak with UISCE for more information.



**Mind yourself**  
Let someone know if you plan to use alone.



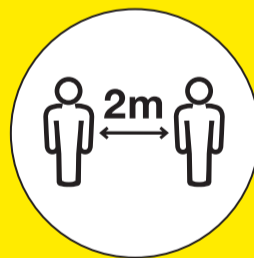
**If you can't pick up your dose** talk to your GP about a person collecting on your behalf.



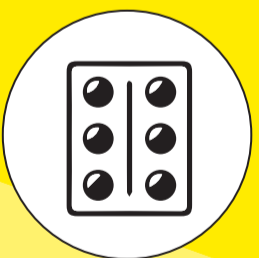
**Wash your hands well** and often.



**Store your doses safely.**



**Distance yourself** at least 2 meters away from other people.



**Using with other substances is dangerous.** This includes using with alcohol or prescription medication like benzodiazepines.

For more information go to **Drugs.ie**

Contact **UISCE** on [info@myuisce.org](mailto:info@myuisce.org) or call **01 555 4693** and leave a message with your contact details and we'll call you back.

Freephone **HSE Drug and Alcohol Helpline** on **1800 459 459**  
Monday-Friday 9.30am-5.30pm